

COMMUNION WITH GOD

TAMILA RAGIMOVA

Ph.D. in Physics

2017

“The Universal Father loves each of his sons, and that affection is not less than true, holy, divine, unlimited, eternal, unique and individually”.

Doc. 40:10.13 The Urantia Book

The Creator of the Master Universe, the Universal Father, has direct contact with each of the beings, who lives in the Universe. For us, human beings, He sends a tiny part of his own spirit, which then resides in the mind of each individual and it is called the Thought Adjuster. In Christianity, it is called the spirit.

The overall plan of the Universal Father is to make perfect the whole creation in the process of its evolution. In the first place, the task for every human being is grows spiritually.

God controls the entire Universe by his law of free will. Every personal being of all creations has free will in his thoughts and attitudes. This law is a gift for celestial beings and as well as for humans or mortals. The law of free will makes a better control of the entire Universe.

We mortals perfect ourselves for many successive lives, a very long road. In this first life is very important to grow spiritually. The progress of humans is based on God's love, which reaches every being found in different states, whether is: material, morontial or spiritual.

In his first life on a planet like Earth, every human being must form a bond with his Thought Adjuster for his own spiritual growth; to achieve this, he must first discover God in his heart. The Universal Father transmits his love to each person through his spiritual particle, which is found in the human mind. God's waves of love are spiritual waves of very high frequencies. To connect with the Adjuster requires a long time thinking of God, praying to God and talking to Him with our heart, then the moment of connection with the Adjuster will come and the person begins to feel the Father's

waves of love in the moments of silence and solitude. This way the person can receive communion with God.

God's waves of love reach the human mind and produce some new thoughts that are very different from the normal routine, these thoughts are very beautiful and the soul begins to vibrate with high frequencies of God's love; for some people that are sensitive to love, these spiritual vibrations can bring tear to their eyes.

People still do not accept love as a function of the mind, love and feelings which are related to the heart. In reality, the spiritual vibrations of the Father can only be received by the human mind, because the mind is not material, although it works through the material brain.

It is very important to open our hearts to the Thought Adjuster, because it is the only way a person will achieve the spiritual growth. The Thought Adjuster does everything possible to awaken the person and make spiritual his mind. When the heart opens to the love of God, the person begins to feel the spiritual vibrations through his own acts, as living in the truth, in the beauty, in the goodness, in the love and in selfless service.

We have to understand a very simple thing, that God's love is so great that embraces each person, and wraps him with love, but he can absorb this love only when he wants it with all his heart and when it is his free will. The Adjuster always sends messages that some people initially do not perceive, until the person begins to grow spiritually and begins to listen. Communion with the Adjuster is not a conscious act and no one can determine if he is connected or not, only his own sincere acts in everyday life demonstrate it. Communion with God normalizes the life of a human being

To guarantee the eternal life of the person, these have the love of God in his heart. In our earthly life, it is not enough to find this love, it is necessary to share the love of God with other people who are at a lower level of spiritual growth, as God's love passes from one person to another one.

For the Mind Adjuster, it is easier to make contact with a child because his mind is not yet contaminated with many mundane thoughts. At the age of six, the child begins to hear the Adjuster's messages and starts to adjust his own will with the advice of the Adjuster, because the child feels that the Adjuster is right. Children are very sincere and they like the truth.

When the child enters his adolescence, he begins to have other priorities, because society influences his development and may stop listening to his

Adjuster. When the adolescent enters maturity, he begins to feel too busy to think about God; it is a very serious error because the only one who can help him solve his material problems is the Universal Father.

Many people, whether religious or atheists, permanently live unselfish, kind, merciful lives and practices high morals, but are unaware that they are also receiving the love of the Universal Father.

When the person does not want to accept any guidance from the Adjuster, his life draws closer to the life of animals. These person lives with a lot of selfishness, marking his own territory and not caring about the people around him, sometimes even causing harm to others without feeling any guilt.

God's evolution plan requires a lot of heavenly help for everything created on this planet. For us humans, we can call this method "celestial techniques" exist that help us in the development of the mind. At the beginning of life The Seven Adjutant Mind Spirit act to help children to learn fast, to sense and to understand, which together with their childhood experiences, contribute to their rapid growth. Then enter in action the Thought Adjusters, The Spirit of Truth, the guardian angels, midway creatures and many other beings not revealed.

At a given time and to teach all humanity and to improve their genes, some especial beings like the Planetary Prince and his corporeal staff, later the irrelevant couple, Adam and Eve are sent to this planet. With all this celestial plan, the Universal Father achieves material, intellectual and spiritual evolution of the human beings. The celestial plan is the growth of a mortal, along with its experience of the material life and its free will, which leads the mortal soul to its progress and spiritual development.

The Earth planet is a perfect place to acquire the experience of material life. We humans have to understand that the problems we face in life must activate our mind to make decisions thus developing the soul. But when decisions are self-centered, our soul doesn't grow.

In terrestrial life, we have several goals to fulfill such as education, raising good children and increasing the level of their material lives, among others. To achieve these goals we can practice kindness, love, truth and service. The Thought Adjuster takes us down this path, he moves us away from the dark road and leads us on to the path of light, directly towards our Father. You have to listen to the inner voice.

There are many tests in the life of a human; these appear at home, at work, with the spouse, with the children, etc. People have to pass these tests, but when they do something unloving, it means that they have failed. The Thought Adjuster helps us from within to overcome these trials, but there are also other spiritual beings, like angels, who guide us from the outside. Overcome the problems we are learn to be loving and merciful, and to live life every moment with the truth and with high morals.

One of the tests given to wealthy people is to share with love the money which they honestly earned. Each person has different tests and these tests are not to low him, but to make him grow. After physical death they analyze us and judge us by the decisions we made in order to overcome the problems that we had to face in earthly life.

The belief in God is also a test for people to overcome the vibrations of the soul in order to approach the spiritual vibrations of the Father's love. All the tests are for our own good, for our own growth and to harmonize the person, so that he can expand his vision and understand that humanity is a very small part of a great family of beings that are not visible to us. But most humans do not have an spiritual mentality, therefore, they do not understand the existence of the vast amount of spiritual beings that exist in the universe, but this explanation seems unreal and frightening to them.

God's creation represents a giant celestial family willing to voluntarily carry out His mandates.. We humans are last in God's creation and we are imperfect. Celestial beings live in loving harmony and do it at their own free will. We should focus on traveling the same road.

Many people speak nicely about God, but it does not come from their hearts. Words are just symbols, but the personal experience of the Father's love is a living connection of his soul with the Adjuster. The people's prayers are heard not by the words spoken, but by the frequencies of the vibrations in their soul. When the person prays with great devotion, the spirit vibrations in his soul increase the frequencies.

The only obstacle to connecting with the Father is that person's own refusal to learn to be a little goodness every day, a little more merciful, more loving, and more helpful. Each one of us has to wish to live these virtues personally since, nobody can force us to do so, and only our free will can lead us to be better persons every day.

Some people want to improve their personal lives by selfishly amassing more money, taking more trips, having better health, more love, all without regard to other people's lives. There are people who resent when the lives of their friends, or neighbors, improve. When a person's heart does not vibrate to improve the lives of others, it only

means that this person is not traveling in God's path. When Jesus lived on our planet, He never worried about himself; He always tried to improve the lives of others. We have to follow his example, his teachings.

When the person feels the vibrations of God's Love, their attitudes change as they come closer to the Father's will; this person begins to do things with love.

All of God's creation is a living system, and we humans are a part of this system by our own free will. The Thought Adjuster leads each person through love and kindness towards beauty and mercifulness. People that follow God's guidance, begin to form groups, share their experiences and try to improve society; some of these people are able to wake up others in their spiritual stagnation.

A human being can improve relationships with his enemies by sending them vibrations of love, talking to them mentally and with waves of his heart, sends them his Father's love. When a group of people that are connected to the Adjuster pray together, a powerful force appears to fight evil.

When the person awakens from the material dream and spiritualizes his mind, there is a new beginning in his life, one which Jesus of Nazareth called, "born in the spirit". This person changes his vision of the world completely, begins to understand that material things do not matter much in life. This person becomes more peaceful and more tolerant, he wants to get away from the daily routine, he thinks and talks often with God and all his past life is displayed in another form. From this new birth he understands that the problems he had were only tests and then, begins to analyze the learning's acquired while overcoming his problems and goes out seeking more spiritual learning's and the different beliefs that exist in our planet. The way he chooses depends on his intellectual and cultural level as well as the education he received in his childhood.

The highest spiritual teachings that exist on our planet were sent by the celestial beings in the twentieth century as the fifth revelation and as published in The Urantia Book. This book is an impressive revelation of the Universal Father, His creation and the celestial mechanism in handling of the Universe by the Paradise Trinity and all its spiritual children. It is very important to study all this information which represents a profound explanation of the functioning of the entire Universe. However, we must be aware that this knowledge cannot replace the discovery of God in his heart nor a living relationship with Him. It is more important to establish a direct connection with the Adjuster than memorizing quotes from The Urantia Book. There is also the danger of interpreting philosophically the teachings of The Urantia Book without understanding and living the

most important messages of the book, which lead us to spiritualize the mind and fill our hearts with the Father's love.

People with spiritual minds should not isolate themselves but rather, they should spread God's Love with their neighbors through acts of kindness for the good of all humanity, including those that are not receptive to the love of God.

Most people seek God's help only during difficult situations, but once those difficulties are over, they forget that God exists. You always have to guide your mind in search for God, communicating with Him frequently and quietly telling, Him your concerns, thanking Him for your life, your material possessions and the experiences lived; this way, little by little, you receive communion with God .

When the Father's love begins to grow in your soul, you begin to find God in all beautiful things that surround you, because a broader vision opens up. Slowly comes peace to the soul, because the person begins to receive the Adjuster's vibrations. These vibrations cannot be detected by scientific objects, because science can only measure material waves , such as the acoustic waves that we hear, or the electromagnetic waves that see. But science cannot detect the spiritual waves that our mind receives since these waves are not material.

No one on Planet Earth knows how the Adjutant Mind Spirits, or the Spirit of Truth, or the Thought Adjusters work because they use, let us call it, a "spiritual technique" totally unknown to science and to all humanity. We try to explain spiritual influence with physics terms, such as vibrations of high and low frequency, like waves, and unknown energy, but in reality our mind cannot understand how this "spiritual technique" works, and yet, we continue to use these terms of physics in order to somehow explain the spiritual influence on us.

Finding the Father within oneself is not a guarantee of spiritual growth because the person must follow the Father's will in all his acts of life. But how do we know which is the Father's will? When the person feels that in his mind there is an internal force that is guiding his free will to make correct decisions, this person begins to understand that the Father's will is always related to love, to truthfulness, to beauty, to kindness , to mercifulness and a sincere will to service and help others. By understanding this, the person's mind begins to dominate his ego and all decisions made by his own free will become stronger and closer to the Father's will, even in the most difficult situations of his life .

The person himself has to take God's spark inside his own mind as no one can help him since this, is a personal act. The eastern religions speak of "opening the third eye" located in the forehead. It is possible that those religions in this way show the connection with the Thought Adjuster when the person's mind and vision open up beyond material things.

When the person follows the will of the Father in his earthly life, it means that he has chosen eternal life and that after the physical death of his body, his soul will be covered in different forms that are not material and will continue to live millions and millions of lives in other planets very different from ours.

Humans can only grow when they open up their minds. Scientific knowledge does not make the mind grow; it makes the intellect to grow. The mind is the key in the development of the person, which stimulates the progress of the soul. When they say that a person is very intelligent, they really refer to a high intellect. On the contrary, the person who follows his Father's will, he is seeking true progress or spiritual progress, but in this case he is not called an intelligent person, although in reality, this person possesses true intelligence.

The human intellect may include knowledge, creativity, logical reasoning, cunning, and talent in performing scientific work. People say that the person is intelligent because he is knowledgeable in mathematics, in chess, in politics, in business; however, all these talents simply represent the ability of the human mind to develop some specific traits.

A scientist true intelligence lies in his understanding of the process of his investigations the existence of a perfect order in everything created in the Universe, thus discovering God. As a result of his investigations, an intelligent scientist can achieve a change from his material mentality to a spiritual mentality. There are many scientists who went through this process and managed to spiritualize their minds.

When a person changes his material mentality and connects with his Adjuster, this person becomes more active, wiser, acting with strength and fearless, confident in his actions and develops an irresistible desire to share this love with his peers. When your soul's greatest desire is a sincere devotion to the Universal Father, eventually an enormous wish appears to merge with your Thought Adjuster.

We know that inherited genes, in a big way, affect the behavior of the human being. The genes a person receives possess information of his ancestors from many generations. When a person happens to inherit some genes that are called defective, such as bad character, bad habits, etc., this person can improve this behavior by spiritualizing his

mind. With all experiences of earthly life overcoming multiple difficulties, people grow spiritually to the extent that they can improve their genes, as long as they have the will to improve them.

In the latest research, scientists discovered that bad words produce mutations in the genes; this was discovered in plants when bad words that were aimed at them, the plants became damaged and their seeds produced defective plants destined to early deaths.

In contemporary times the Planet Earth is very materialized and modern science only recognizes matter. Many people have big egos because their materialized minds do not allow them to discover God's love. But we also live in a time when many people have begun to wake up and feel God's protection. These people seem to understand spirituality.

In the future, when little by little, each person on this planet begins to walk on the path of Love, very profound changes will emerge for our planet. God's Love will pass from one heart to the next one, and a flame will be lit. And then, a chain will appear and will grow with time, until the hearts of most human beings on this planet are filled with small flames of Love. When all these little flames come together, a gigantic flame will ignite and the planet will reach the state of Light and Life.